Mount Kilimanjaro

KILIMANJARO is the highest mountain in Africa and the tallest freestanding mountain known to man. It is a mountain where you can hike for 100 kilometers, gain 4000 meters in altitude, traverse rain forest, moorland, alpine desert, snowfields and ice cliffs, all virtually on the equator! A truly unforgettable and fascinating adventure... Climbing Kilimanjaro is a once in a lifetime experience.

Despite the immense height, any reasonably fit person can successfully climb Kilimanjaro. No technical skills are necessary, making it the highest, most accessible, “walkable” mountain on the planet. It is a serious adventure; as you ascent very quick into extreme altitude it is not to be taken lightly. For this reason it is important to make the right choices of who is taking you up Kilimanjaro.
Itinerary overview with Kenya Airways on 7-day Rongai route

Rongai route
The Rongai route ascents Kilimanjaro from the northeastern side of the mountain, along the border between Tanzania and Kenya. This route retains a sense of unspoilt wilderness and offers a different perspective on Kilimanjaro by approaching it from the north. The Rongai route's premier advantage is that it is the quietest route on the mountain. A disadvantage is the long travel time to the starting point of the route. The route connects with the Marangu route just before reaching Kibo hut and share the same summit attempt path descends along the Marangu route as well.

Day 0 – Check-in at OR Tambo
Day 1 – Flight to Kilimanjaro airport (01h15 – 09h15) / Transfer / Overnight Springlands hotel
Day 2 – Marangu route / Overnight First Cave Camp
Day 3 – Marangu route / Overnight Kikelewa Cave Camp
Day 4 – Marangu route / Overnight Mawenzi Tarn Camp Hut
Day 5 – Marangu route / Overnight Kibo Hut
Day 6 – Marangu route / Summit / Overnight Horombo Hut
Day 7 – Marangu route / Overnight Springlands Hotel
Day 8 – Flight to JNB (06h00 – 11h45)

Day 1: 04/10/2016
Route description & Itinerary
At Kilimanjaro, you will be welcomed by the friendly team who will transfer you to Moshi.
You will overnight at Springlands Hotel with breakfast included.
Distance Traveling time
Flight to Johannesburg to Kilimanjaro airport ±6 hrs

Day 2: 05/10/2016
Route description & Itinerary
You’ll have to get up early, as it’s a long drive (4 – 5 hours) to Rongai Gate. First stop at Marangu Gate to complete the park register before you continue to Rongai. The climb begins from the attractive wooden village of Nale Moru on a small path those that wind through fields of maize and potatoes before entering pine forest. The track then starts to climb consistently, but gently, through a beautiful forest that shelters a variety of wildlife, including the intriguing Colobus monkeys. The forest begins to thin out and the first camp is at the edge of the moorlands.
Overnight at First Cave Camp with lunch, dinner & breakfast included.
Distance Traveling time
Rongai Gate – First Cave Camp 2,000m (6,560ft) – 2,650m (8,695ft)
Average hiking time: 4 hours

Day 3: 04/10/2016
Route description & Itinerary
The morning walk is a steady ascent up to the ‘second cave’ with superb views of Kibo and the eastern icefields on the crater rim. After lunch, leave the main trail and hike across the moorlands on a smaller path towards the jagged peaks of Mawenzi. The campsite nestles in a valley with giant Senecios.
Overnight at Kikelewa Caves with lunch, dinner & breakfast included.

<table>
<thead>
<tr>
<th>First Cave Camp – Kikelewa Caves</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Distance Traveling time</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Cave Camp – Kikelewa Caves, 2,650m (8,695ft) – 3,600m (11,810ft)</td>
</tr>
<tr>
<td>Average hiking time: 7 hours</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day : 4 05/10/2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Route description &amp; Itinerary</td>
</tr>
<tr>
<td>A short but steep climb up grassy slopes is rewarded by superb sweeping vistas and a tangible sense of wilderness. You’ll leave vegetation behind shortly before reaching the next camp at Mawenzi Tarn, spectacularly situated on a cirque directly beneath the towering spires of Mawenzi. You will have the afternoon free to rest or explore the surrounding area as an aid to acclimatization.</td>
</tr>
<tr>
<td>Distance Traveling time</td>
</tr>
<tr>
<td>Kikelewa Caves – Mawenzi Tarn, 3,600m (11,810ft) – 4,330m (14,206ft)</td>
</tr>
<tr>
<td>Average hiking time: 4 hours</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day : 5 06/10/2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Route description &amp; Itinerary</td>
</tr>
<tr>
<td>Cross the alpine desert of the ‘Saddle’ between Mawenzi and Kibo to reach Kibo Hut at the bottom of the Kibo crater wall. The remainder of the day is spent resting in preparation for the final ascent before a very early night!</td>
</tr>
<tr>
<td>Distance Traveling time</td>
</tr>
<tr>
<td>Mawenzi Tarn – Kibo Hut, 4,330m (14,206ft) – 4,713m (15,463ft)</td>
</tr>
<tr>
<td>Average hiking time: 5 hours</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day : 6 07/10/2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Route description &amp; Itinerary</td>
</tr>
<tr>
<td>We will start the final, and by far the steepest and most demanding, part of the climb around midnight. We hike very slowly in the darkness on a zigzag trail through loose volcanic scree to reach the crater rim at Gillman’s Point with sunrise. Rest there for a short while to enjoy the spectacular sunrise over Mawenzi. Continue hiking on the crater rim towards the Uhuru Peak - SUMMIT!!! the highest peak in Africa. The descend to Kibo is surprisingly fast and, after some refreshments and rest, you’ll continue you’re descending on the Marangu route to reach Horombo.</td>
</tr>
<tr>
<td>Distance Traveling time</td>
</tr>
<tr>
<td>Kibo Hut – Uhuru Peak (SUMMIT!!) , 4,713m (15,463ft) - 5895m (19,341ft)</td>
</tr>
<tr>
<td>Average time to the summit: 7 hours</td>
</tr>
<tr>
<td>Uhuru Peak – Horombo, 5,895m (19,341ft) – 3,719m (12,201ft)</td>
</tr>
<tr>
<td>Average descending time: 5+ hours</td>
</tr>
</tbody>
</table>
Day : 7  
08/10/2016

<table>
<thead>
<tr>
<th>Route description &amp; Itinerary</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>A steady descend takes you down through moorland to Mandara Hut where you will enjoy lunch. Continue descending through a lovely forest on a good path to the Marangu Gate. You will have a packed lunch on way down. Transfer to a nice shower and a real bed. Well done – you’ve conquered Kilimanjaro! Overnight at Springlands Hotel with breakfast included.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Distance</th>
<th>Traveling time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Horombo Hut – Marangu Gate, 3,719m (12,201ft) – 1,860m (6,102ft)</td>
<td></td>
</tr>
<tr>
<td>Average hiking time: 6 hours</td>
<td></td>
</tr>
</tbody>
</table>

Day : 8  
09/10/2016

<table>
<thead>
<tr>
<th>Route description &amp; Itinerary</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Transfer to Kilimanjaro airport for flight back to Johannesburg or forward to next excursion.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Distance</th>
<th>Traveling time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flight Kilimanjaro airport to Johannesburg to ±6 hrs</td>
<td></td>
</tr>
</tbody>
</table>

Price per person sharing:

<table>
<thead>
<tr>
<th>British Pound</th>
<th>Euro</th>
<th>US Dollar</th>
<th>Australian Dollar</th>
</tr>
</thead>
<tbody>
<tr>
<td>£ 1,620.00</td>
<td>€ 2,210.00</td>
<td>US$ 2,430.00</td>
<td>Aus$ 3,170.00</td>
</tr>
</tbody>
</table>

PLEASE NOTE:
- This quote has been calculated to not less than (R18.00 / BP£) (R13.20 / €) (R12.00 / US$) (R9.20 / Aus$) and is thus subject to international fluctuation. All prices are subject to exchange rate fluctuations and are subject to change without prior notice. The exchange rate on the date of final payment will be used as the basis of the cost of your tour package. Until full payment has been received all prices quoted are subject to increases if park fees, fuel or taxes increase.
- Price quoted is based on a cash (EFT) discounted price. For any other means of payment contact us for an updated price.
- Price quoted is per person sharing in double or triple rooms, except solo climber.
- Persons who require a single room at Springlands Hotel will pay a supplement on the room of $30.00 per night.
- Private portable toilets are available to rental for the climb at US$120, plus you need to budget for the extra porter who is carrying the toilet at $10 per day from the climbers.
- Kenya Airways flight prices are based on T-Class seats (special rate to eXplore Plus), If these seats are not available the airfare will increase to a higher fare level.
- Flight Taxes quoted are current and subject to change.
- This is a quotation only. No reservations have been made; therefore all arrangements are subject to availability, fluctuations in the airfares, airport taxes and currency fluctuations at time of reservation/confirmation, which are outside the control of eXplore Plus.
Price quoted includes:

- The cost includes return economy airfare with Kenya Airways (via Nairobi) from Johannesburg to Kilimanjaro Airport.
- Return bus transfer (on shared basis) from Kilimanjaro airport to Moshi.
- 2 Nights accommodation at the Springlands Hotel (1 night before and 1 night after the climb)
  
  - Standard Twin room / Standard Triple room
  
  - Including: Breakfast.
  
  - Excess gear storage at Springlands Hotel.
- Expedition briefing regarding safety and general aspects of the climb at the hotel.
- Return transfer (on shared basis) between Moshi and the Park Gates.
- Rongai route vehicle supplement of US$110.
- 6/7 Days hiking on Mount Kilimanjaro.
- National Park / Camping & Hut fees.
- Government tourist taxes.
- Rescue fees (excluding evacuation by helicopter).
- Qualified English speaking guide - registered with the National Parks Board.
- Assistant guides, cook, waiter & porters.
- Salaries for your mountain crew.
- Meals on the mountain (we cater for special diets), including:
  
  - Hot breakfast, a packed lunch, a hot evening meal and hot drinks.
  
  - Cutlery / Crockery / Eating utensils.
- Camping equipment, including:
  
  - High quality sleeping tents / Ground sheets / Mess tent (for dining) / Mini camping chairs / Tables / Candles.
- Boiled water for drinking and washing.
- Portable oxygen for emergencies.
- Uhuru or Stella Point certificate issued by the National Park Board.
- Free postage of documents.
- Travel information pack.

Excluded from above package rates:

- Own flight arrangements.
- Entry visa to Tanzania (SA passport DO NOT require a visa for Tanzania).
- Malaria medication (Tanzania is a malaria area).
- Yellow fever inoculation – Compulsory (+/- R550-00).
- Travel insurance (Highly recommended).
- Safety deposit box at Hotel to lock away passports and valuables while on the mountain - $1 per day.
- Tips for the guides and porters (see guidelines below).
- Hyperbaric Pressure Bag (Gamow Bag) – US$130.00 per group – ask us for more details.
- Drinks not specified.
- Climbing gear.
- Personal first aid kit.
General Information:

Springlands Hotel:

The Springlands Hotel is situated at Moshi, which is about 45 minutes away from Kilimanjaro airport. The hotel is privately owned and they only except booking from Kilimanjaro hikers. It has beautiful gardens; a fine view of Kilimanjaro and a pleasant covered dining area in the gardens.

<table>
<thead>
<tr>
<th>Hotel Facilities</th>
<th>Room Facilities</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restaurant &amp; Bar</td>
<td>En-suite bathroom (shower)</td>
<td>Kilimanjaro climbs</td>
</tr>
<tr>
<td>Swimming pool</td>
<td>Mosquito nets</td>
<td>Moshi town tour</td>
</tr>
<tr>
<td>Manicure &amp; Pedicure / Sauna</td>
<td>Fan</td>
<td>Meserani Snake park</td>
</tr>
<tr>
<td>Satellite TV room</td>
<td>Laundry</td>
<td>Kinukamori Waterfalls</td>
</tr>
<tr>
<td>Internet café</td>
<td></td>
<td>The Leather factory</td>
</tr>
<tr>
<td>Gift Shop</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Secure storage room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Safety deposit box at reception</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fitness room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Telephone service</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• En-suite bathroom (shower)</td>
<td>• Mosquito nets</td>
<td>• Kilimanjaro climbs</td>
</tr>
<tr>
<td>• Fan</td>
<td>• Fan</td>
<td>• Moshi town tour</td>
</tr>
<tr>
<td>• Laundry</td>
<td>• Fan</td>
<td>• Meserani Snake park</td>
</tr>
<tr>
<td></td>
<td>• Laundry</td>
<td>• Kinukamori Waterfalls</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• The Leather factory</td>
</tr>
</tbody>
</table>

Passports and Visas:
Most passport holders require a visa for Tanzania (SA passport holders DO NOT require a visa for Tanzania). This is obtainable from the Tanzanian High Commission in Pretoria. The visa is valid for 3 months – please contact us to confirm visa fees.
Visas can also be obtained on arrival (No photos or forms needed).

Health advise:
DO NOT CLIMB KILIMANJARO – if you suffer from a respiratory, cardiac, or circulatory disorder or a disability that limits mobility. Please also remember that travel insurance companies do not cover pre-existing illnesses. It is important to go for a medical check-up before you start the climb and do the necessary training to be fit enough to climb Kilimanjaro.